



## **The Optimist Creed**

### **Promise Yourself-**

- ~To be so strong that nothing can disturb your peace of mind.
- ~To talk health, happiness and prosperity to every person you meet.
- ~To make all your friends feel that there is something in them
- ~To look at the sunny side of everything and make your optimism come true.
- ~To think only of the best, to work only for the best, and to expect only the best.
- ~To be just as enthusiastic about the success of others as you are about your own.
- ~To forget the mistakes of the past and press on to the greater achievements of the future.
- ~To wear a cheerful countenance at all times and give every living creature you meet a smile.
- ~To give so much time to the improvement of yourself that you have no time to criticize others.
- ~To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.